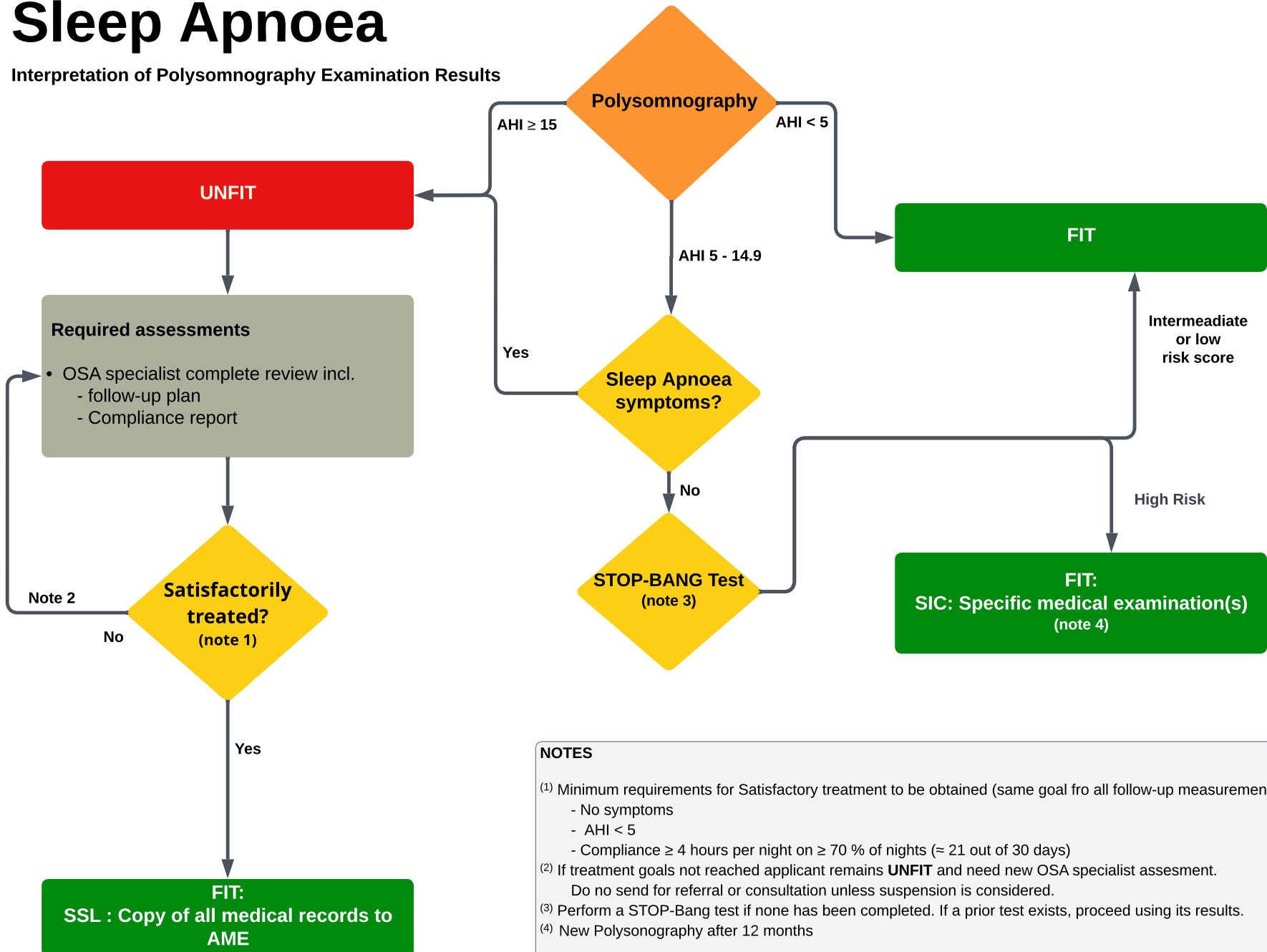


Sleep Apnoea

Interpretation of Polysomnography Examination Results



NOTES

- (1) Minimum requirements for Satisfactory treatment to be obtained (same goal fro all follow-up measurements)
 - No symptoms
 - AHI < 5
 - Compliance ≥ 4 hours per night on $\geq 70\%$ of nights (≈ 21 out of 30 days)
- (2) If treatment goals not reached applicant remains **UNFIT** and need new OSA specialist assesment. Do no send for referral or consultation unless suspension is considered.
- (3) Perform a STOP-Bang test if none has been completed. If a prior test exists, proceed using its results.
- (4) New Polysomnography after 12 months